

Media Factsheet

About Elyx

Elyx is Singapore's first concierge longevity service, designed to extend healthspan through personalized, data-driven programs. Based in the Raffles Hotel Arcade, Elyx serves as a regional hub for members across Southeast Asia seeking a structured approach to long-term health in a world-class setting.

Each membership provides access to a dedicated Circle of Experts working year-round as a single point of coordination across the entire longevity journey. Experiences are coordinated seamlessly in Singapore and globally, removing friction from planning, logistics, and execution.

Elyx follows an N-of-1 approach where no two members follow the same path. Elyx Medical decodes each member's physiology through physician-guided diagnostics and analysis. Elyx Life then executes these insights through protocols tailored to individual baselines, with AI-powered analytics enabling continuous refinement across movement, nutrition, sleep, mind, supplementation, and therapies.

Membership Details

Annual Membership | USD\$150,000 | Capped at 50

Comprehensive health decoding

Personalized protocol design

Year-round concierge execution with global continuity

Founding Membership | USD\$100,000

Limited availability

Facility

Operating Hours

Mondays - Fridays: 9AM to 6PM

Weekends: By appointment only

Total Space

4,000 sqft across Elyx Medical and Elyx Life

Elyx Life

1 Performance Space with Woodway, Vald and PENT luxury personal training equipment

VO2 Max performance testing capabilities

2 Private Therapy Rooms for physiotherapy, sports massage, and wellness sessions

Cryo One+ Cryotherapy Chamber

2.2 ATA Hyperbaric Oxygen Therapy Chamber (HBOT)

Infrared and Finnish sauna

Elyx Medical

3 Physician Consultation Rooms

1 Radiology Room equipped with DEXA body composition scanner and X-ray

Leadership

Peng T. Ong | Co-Founder & Chair

Ashish Chordia | Co-Founder & Chief Executive Officer

Nishanth Sudharsanam | Co-Founder & Chief Technology Officer

Dr. Varun Reddy | Co-Founder & Chief Clinical Officer

Media Kit

Please download the full media kit [here](#).

For interview requests, please reach out to Amelia Yeo at amelia@elyx.life

Location

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Contact Details

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Socials

Instagram: [@elyxlife.official](https://www.instagram.com/elyxlife.official)

LinkedIn: [Elyx](#)